November's Glimpse of Guidance

Welcome to this month's glimpse of guidance! I first want to thank all the parents who joined us for our informational meeting on St. Monica's anti-bully program. It is so crucial that we work together to help our students here at SMS feel that this is a safe place to learn and grow.

This month our main focus in Guidance classes will be choices and consequences. It is important for the students to understand that we make choices everyday, some little and some big, and each one has some sort of consequence, whether it is negative or positive. Through discussing choices, we will be bringing up bullying – and what some of the consequences may be for that issue. We will also be talking about stranger safety, and the right choices that must be made in order to stay safe. Many students have questions when it comes to strangers – and often times I talk with them about how important it is to talk at home with their parents about what YOU want and expect from them.

Students will also be discussing choices and consequences in relation to respect and acceptance for one another. Cliques and exclusion will also be discussed since this is a hot topic and seems to come up in almost every class. Often times students don't realize that the choices they make, no matter how small, can have a strong impact on other students. My goal is for the students to work on thinking before they speak & thinking before they act. Sometimes this can make all the difference!

Stay tuned for next month's Glimpse of Guidance!

Thanks ☺ Mrs. Stewart

Parent connection Talk with your child about some of the choices he/she makes everyday. Are there consequences for all of these choices?